



Welcome to the Toward Opioid-Free Ambulatory Surgery (TOFAS) Project!

This project is sponsored by the Central Ohio Hospital Council and represents a community-wide effort from all the hospital systems in Central Ohio including Mount Carmel Health System, Nationwide Children's Hospital, OhioHealth and The Ohio State University Wexner Medical Center. We want to help you manage pain after surgery with minimal use of opioids. Opioids are strong painkillers that can be addictive and have side effects, so we want to find safer and more effective ways to manage pain.

What is the goal of this project?

Our goal is to reduce the use of opioids after surgery. To achieve our goal, we would like to learn more about our patients' use of prescription opioids after surgery to help with pain.

How can you help?

If you receive an email about the TOFAS project in the next few weeks, we would appreciate you answering a short survey about the opioid prescription you received. The survey should take less than 2 minute to complete. To learn more about this project, visit www.centralohiohospitals.org/tofas-for-patients or scan the QR code below in your cell phone.



Managing pain after surgery is important for a successful recovery, but it doesn't have to mean just using opioids. We're here to support you every step of the way.

Thank you for joining us in this important effort to improve the quality of care for all patients!

