

It's a

Total Eclipse of the Heartland



April 8th

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1. Make sure you're wearing **solar eclipse glasses before and after totality**. Staring directly at the sun can damage your eyes.
2. **Totality is when the moon completely covers the sun's bright face**, and it suddenly gets dark. This phase only lasts a few minutes, so keep those eclipse glasses handy for when the sun reappears!
3. Wanna be a star pupil? Make sure you **ONLY wear eclipse glasses** and don't use sunglasses, Polaroid filters, welding glasses, exposed color film, X-ray film or photographic neutral-density filters to view the eclipse.
4. Once the eclipse ends, turn around and talk about how awesome it was. **To those traveling, stay safe and be prepared for traffic** as you head to your next destination!
5. **Your screen's not a saver!** Even if you're taking a picture of the eclipse on your phone, continue to wear your eclipse glasses to prevent eye damage.

