

Drug Use During Pregnancy

You can protect your baby by reducing or stopping drug use during your pregnancy, but this should always be done under the advice of your physician. If you are pregnant or planning to become pregnant, please talk to your healthcare provider so they can create the best plan to ensure the health and safety of both you and your baby. Creating a plan before pregnancy can help you have a healthy pregnancy.

Providing support to you and your baby through all stages of pregnancy, delivery and postpartum is the focus of your doctor. We will be here by your side through your entire pregnancy and beyond.

What is NAS

Neonatal abstinence syndrome (NAS) may affect a baby if certain drugs are used during pregnancy. NAS can occur when drugs have been misused. After birth, when the drug starts to leave the body, the baby can go through withdrawal.

Help for Substance Use During Your Pregnancy

You're not alone! We're here to help you and your baby receive the care you need. Care is available for you and your baby through scheduled appointments, over the phone, in-person or walk-in.

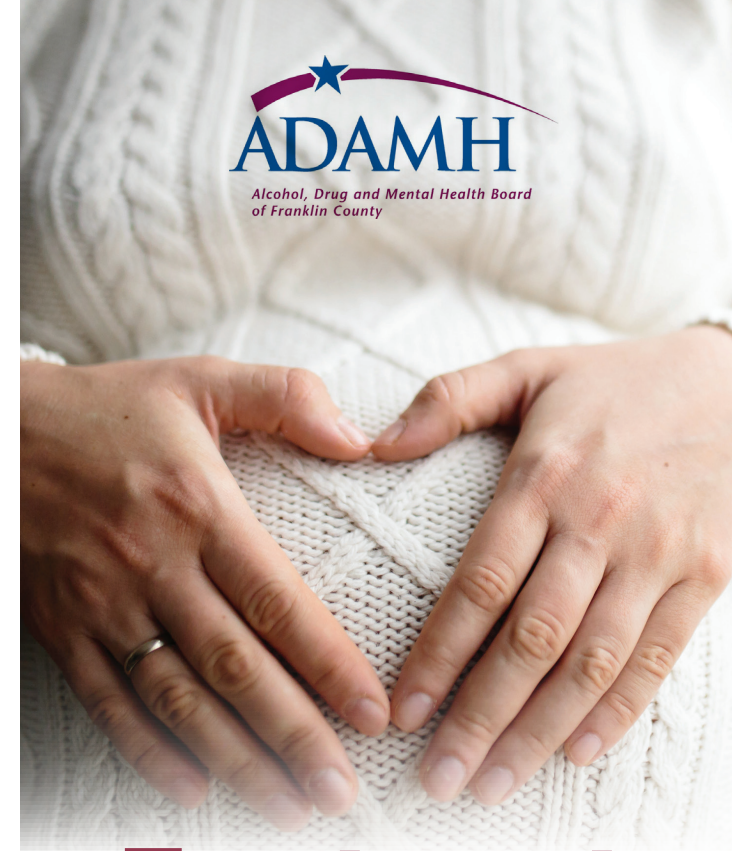
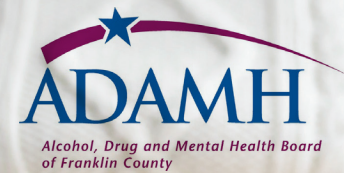
The first step is to create a special plan just for you, which may include therapy and medication management. During your assessment, healthcare professionals will ask about your medical history and past substance use, as well as any emotional issues you are facing.

Our goal is to learn how we can meet your needs and create the best plan for you.



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Scan code using your smartphone camera.
Simply point camera at the code.



Treatment Choices

for Expectant & New Moms

CONGRATULATIONS on your growing family!

You want what is best for your baby and so do we. What is best for you and your health are important choices you make with your doctor. Your service providers can also play an important role in helping both you and your baby live a happy and healthy life.

614-884-2441 Ext. 3



Support Services for You and Baby

If you are an expectant mother or a new mother with substance use disorders it is important for us to collaborate with you and your family by advocating for the safety, long-term health and well-being of each child. We are here to support you and your baby. If there is drug use detected, contact with your local children's services agency may be necessary. The goal is to support both you and baby in addressing:

- Your baby's safety and treatment needs.
- Your health and treatment needs.
- The treatment needs of anyone who lives with you and who will help care for your baby.

The Right Choice for You

Our services are created to support pregnant and postpartum women in recovery. In collaboration with hospitals, physicians, medication-assisted treatment programs, social services and community agencies, you will receive the help that's best for you and your baby. Our goal is to ensure you receive help in a supportive environment as soon as possible for both you and your baby's health.

Engagement Specialist with Physicians CareConnection, StepONE, Physician Care

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While you are at the hospital for the delivery of your baby, a staff member can introduce you to an Engagement Specialist with Physicians Care Connections, StepONE and Physician Care who can help you decide the best treatment options and

provider for you, provide a warm connection to the treatment providers and follow up regularly to make this as easy as possible for you.

If pregnant and you need to find a doctor, StepOne can help you. You can be fully screened for all necessary services and be connected with affordable, timely and convenient prenatal care and resources for a healthy pregnancy.

Seeing a doctor early and often during pregnancy improves your health and the chances of delivering a healthy baby. Your doctor will:

- Provide support for emotional and physical needs of pregnancy
- Help you prepare for baby's delivery
- Teach you about nutrition for your baby
- Provide the care needed to help you deliver a healthy, full-term baby
- Track your baby's development
- Detect any potential health concerns

Treatment Options Include:



MEDICATION-ASSISTED TREATMENT:
The use of medications, in combination with counseling and behavioral therapies, to treat substance use disorders.



OUTPATIENT OR INTENSIVE OUTPATIENT COUNSELING PROGRAM:
Individual or group settings used to address addictions or other dependencies and provide sustained support.



MENTAL HEALTH COUNSELING:
A way of helping people solve their emotional, social, personal or interpersonal problems.



CRISIS INTERVENTION:
A short-term management technique designed to reduce potential permanent damage to an individual affected by an overwhelming event.



PSYCHIATRY:
Treatment that involves a talking relationship between a therapist and patient.



CASE MANAGEMENT:
Assist with health needs and linkage to transportation and other services or supports.



PEER SUPPORT:
Services provided by someone with similar life experiences who provides support, trust, education and resources to you throughout your process.



RESIDENTIAL TREATMENT:
Safe and healthy living environment that promotes the non-use of alcohol and other drugs.